FIBROMYALGIA IMPACT QUESTIONNAIRE (FIQ)

Last name: First name: Age: Todays date:

Duration of FM symptoms (years): Years since diagnosis of FM:

### Question 1
**Directions:** For questions “a” through “k”, please check the number that best describes how you did overall for the past week. If you don’t normally do something that is asked, place an ‘X’ in the ‘Not Applicable’ box.

<table>
<thead>
<tr>
<th>Were you able to:</th>
<th>Always</th>
<th>Most</th>
<th>Occasionally</th>
<th>Never</th>
<th>Not Applicable</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Do shopping?</td>
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<td>b. Do laundry with a washer and dryer?</td>
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<td>c. Prepare meals?</td>
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<td>d. Wash dishes / cooking utensils by hand?</td>
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<td>e. Vacuum a rug?</td>
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<td>f. Make beds?</td>
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<td>g. Walk several blocks?</td>
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<td>h. Visit friends or relatives?</td>
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<td>i. Do yard work?</td>
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<td>j. Drive a car?</td>
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<td>k. Climb stairs?</td>
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</table>

Sub-total scores (for internal use only)

Total score (for internal use only)

2. Of the 7 days in the past week, how many days did you feel good?

   □ 0 □ 1 □ 2 □ 3 □ 4 □ 5 □ 6 □ 7

Score

3. How many days last week did you miss work, including housework, because of fibromyalgia?

   □ 0 □ 1 □ 2 □ 3 □ 4 □ 5 □ 6 □ 7

Score

(Continued)
Directions: For the remaining items, mark the point on the line that best indicates how you felt overall for the past week.

4. When you worked how much did pain or other symptoms of your fibromyalgia interfere with your ability to do your work, including housework?

No problem with work | Great difficulty with work

Score

5. How bad has your pain been?

No pain | Very severe pain

Score

6. How tired have you been?

No tiredness | Very tired

Score

7. How have you felt when you get up in the morning?

Awoke well rested | Awoke very tired

Score

8. How bad has your stiffness been?

No stiffness | Very stiff

Score

9. How nervous or anxious have you felt?

Not anxious | Very anxious

Score

10. How depressed or blue have you felt?

Not depressed | Very depressed

Score

Sub-total

FIQ TOTAL